FORCEVAL® CAPSULES

PRESCRIBING INFORMATION for Forceval® Capsules

Adverse events should be reported.
Reporting forms and information can be found at yellowcard.mhra.gov.uk or by searching for MHRA Yellow Card in the Google Play or Apple App Store. Adverse events should also be reported to Pharmacovigilance at Alliance Pharmaceuticals Ltd, Tel: 01249 466966, email: pharmacovigilance@alliancepharma.co.uk

Please consult the Summary of Product Characteristics for a full listing of contraindications, precautions, and adverse events before prescribing this medicine. Rash, nausea, vomiting and abdominal pain have been reported (frequency not known). Should not be given to individuals with allergies to peanut or soya, hypercalcaemia, haemochromatosis, other iron storage disorders, hypersentisivity to the active substance(s) or to any of the excipients.

Please refer to full Summary of Product Characteristics (SmPC) before prescribing.

Presentation: Brown and maroon, oblong, soft gelatin capsule printed containing:

Vitamin A (as b-Carotene) 2,500 iu; Vitamin D2 (Ergocalciferol) 400 iu; Vitamin B1 (Thiamine) 1.2 mg; Vitamin B2 (Riboflavin) 1.6 mg; Vitamin B6 (Pyridoxine) 2.0 mg; Vitamin B12 (Cyanocobalamin) 3.0 mcg; Vitamin C (Ascorbic Acid) 60 mg; Vitamin E (dl-a-Tocopheryl Acetate) 10 mg; d-Biotin (Vitamin H) 100 mcg; Nicotinamide (Vitamin B3) 18 mg; Pantothenic Acid (Vitamin B5) 4.0 mg; Folic Acid (Vitamin B Complex) 400 mcg; Calcium 108 mg; Iron 12 mg; Copper 2.0 mg; Phosphorus 83 mg; Magnesium 30 mg; Potassium 4.0 mg; Zinc 15 mg; Iodine 140 mcg; Manganese 3.0 mg; Selenium 50 mcg; Chromium 200 mcg; Molybdenum 250 mcg.

Indications: As a therapeutic nutritional adjunct in conditions where the intake or absorption of vitamins and minerals is suboptimal, in convalescence from illness or surgery or for patients on special or restricted diets, where food intolerances exist or as an adjunct in synthetic diets.

Dosage and method of administration: Adults and the elderly: One capsule daily swallowed whole with water, preferably one hour after a meal. Not recommended in children under 12 years of age.

Contraindications: Hypercalcaemia, haemochromatosis, and other iron storage disorders. Hypersensitivity to the active substance(s) or to any of the excipients. Allergy to peanuts or soya.

Warnings and precautions: Protein and energy are also required to provide complete nutrition in the daily diet. No other vitamins, minerals, or supplements with or without vitamin A should be taken with this preparation except under medical supervision. Do not take on an empty stomach. Do not exceed the stated dose. Contains iron, keep out of the reach and sight of children as overdose may be fatal. Contains E123 (amaranth) and E124 (ponceau 4R red), which may cause allergic reactions. High dose of b-carotene (20-30 mg/day) may increase the risk of lung cancer in current smokers and those previously exposed to asbestos. Product contains 4.5 mg b-carotene per recommended daily dose. Patients with thyroid disorders should seek medical advice before taking Forceval Capsules.

Interactions: Folic acid can reduce the plasma concentration of phenytoin. Oral iron and zinc reduce the absorption of tetracyclines.

Pregnancy and lactation: Forceval Capsules may be administered during pregnancy and lactation at the recommendation of the physician.

Adverse Reactions: Frequency not known: Hypersensitivity reaction (such as rash), gastrointestinal disturbances (such as nausea, vomiting and abdominal pain). Prescribers should consult the SmPC in relation to other adverse reactions.

Legal Category: P

Packs and NHS price:

15 capsules (£6.53), 30 capsules (£11.98) or 90 capsules (£34.41).

Marketing Authorisation number: PL16853/0079

Further information available from: Alliance Pharmaceuticals Ltd, Avonbridge House, Bath Road, Chippenham, Wiltshire, SN15 2BB

www.alliancepharma.co.uk

Date of preparation: October 2026

Find out more about malnutrition | **Find out more about Forceval® Capsules** | **Find out more about nutritional guidance**

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